

The Spa at Bodysgallen.

Available from 12 noon to 3.00pm

Last orders 2.45pm

Soup of the day served with a homemade roll.
£8.60

Cold Sandwiches

A selection of closed sandwiches
on a choice of white or brown bread
served with a small side salad

Egg mayonnaise
Prawn and Marie Rose sauce
Chicken and chive mayonnaise
Welsh cheddar with onion marmalade
Honey roast ham with pickle or mustard
£10.80 each

Hot Sandwiches

A choice of hot ciabatta / toasties
Chicken with chive mayonnaise
Buffalo mozzarella with fresh tomato and pesto
Honey roast ham and pickle
£11.70 each

ALLERGENS AND SPECIAL DIETS

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion, whilst in the hotel. Whilst we are committed to informing our guests accurately of any allergenic contents in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces, that traces from other dishes may be present in food served here, or on surfaces

Salads

Chicken, Prawn, Cheese or Ham
or
Buffalo mozzarella with fresh tomato and pesto
£12.40

Jacket potatoes Served with a light side salad

Prawns in a Marie Rose sauce
Sweet chilli chicken
Cheese and chive
£11.10

Available all day
Bara Brith **£3.10**
Lemon drizzle cake **£3.50**
Crumbly oaty or chocolate chip biscuits **£2.30**
Toasted tea cakes **£3.50**

Wines	Glass	Glass	Bottle
White/ Rose	125ml	175ml	750ml
El Campo Chardonnay	6.45	8.95	38.50
Riviera Sauvignon Blanc	6.45	8.95	38.50
San Antonio Pinot Grigio	6.45	8.95	38.50
San Antonio Pinot Grigio Rosé	6.45	8.95	38.50
Sparkling		200ml	Bottle
Vispo Allegro Prosecco		12.00	49.50
Red Wines		187ml	
Brisa Merlot		8.95	
Roberts & Reeves Malbec		8.95	
Dry River Shiraz		8.95	

Mineral Water – Still, Sparkling £2.15 per glass £ 4.50 per bottle

A discretionary 12.5% service charge
Will be added to all restaurant and bar services