

DINING EXPERIENCES

Bodysgallen Hall is renowned for its quality hospitality, exquisite food, tradition and style, just as you would expect from a house with such a long and distinguished history. Join us to enjoy your own experience at one of our dining events. Please go to our website for further information and to book.

'EAT GAME' DINNER

Friday, 10th February

Hosted by BASC, The British Association for Shooting and Conservation, join us to experience an 'Eat Game' evening. Head Chef Abdalla El Shershaby has created a delicious four-course tasting menu where 'game' is the star ingredient, but carefully designed for the enjoyment of the 'converted' and the 'non-converted' game gourmet. Champagne and canapés on arrival, before your introduction to the best of local Welsh game, with selected wines to accompany. **Price £85 per person.**

NEWS FLASH!

Sunday lunches return from 5th March.



LUNCHTIME TALKS

Arrive from morning coffee prior to the talk, followed by a two-course lunch with glass of wine, concluding with coffee/tea and fudge. **Price £42.50 per person.**

A TALK BY LORD MOSTYN

Friday, 31st March

The Mostyn family has played a large part in developing Llandudno and surrounds over the past 150 years. Lord Mostyn will offer us a unique history of his heritage and the family relationship with Bodysgallen Hall.

A TALK BY DR MARK BAKER

Friday, 26th May

Gwrych Castle became a household name when the filming of "I'm a Celebrity...Get Me Out Of Here!" took place in 2020 and 2021. Dr Mark Baker, architectural historian, saviour and chairperson of Gwrych Castle, will talk about how the show transformed the castle.

Sign up to our newsletter and be the first to hear about our events.

Book via www.bodysgallen.com

PLENTY GOING ON NEAR BODYSGALLEN

Bodysgallen Hall is the perfect place to spend restorative time, whether exploring the gardens, enjoying the comforts of this historic house, or venturing out along the coast and into the heart of North Wales. Many areas have been designated 'Areas of Outstanding Beauty' and the view from the top of Snowdon taking in a 'magical' lake, Llyn Llydaw, has been named as the UK's best sight.

Snowdon is one of the legendary locations reputedly linked to King Arthur, his sword Excalibur and the Lady of the Lake. There are a number of ways to get to the top, hikes to suit all levels of fitness, and a train that will take you all the way to the top where you can relax over a cuppa while watching the climbers arrive!



Conwy Castle.



BODYSGALLEN HALL

A Historic House Hotel of the National Trust

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BODYSGALLEN HALL

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WHAT'S ON

January - June 2023



We are delighted to be offering a programme of events and offers to take you through the Winter and Spring into Summer and look forward to giving you a warm welcome.

What makes Bodysgallen so special? The authentic country house experience set in magnificent gardens and historic surroundings.



Director & General Manager at Bodysgallen Hall & Spa



"O'r Môr I'r Mynydd"
From the Mountains to the Sea.

GUIDED TOURS WITH HEAD GARDENER

Bodysgallen Hall is set in over 200 acres of magnificent gardens and wooded parkland, tended by Head Gardener Robert Owen and his team of gardeners and volunteers. The gardens have won awards for their restoration, which continues throughout the seasons.

Arrive for coffee prior to joining Robert on a guided tour, which will conclude with a two-course luncheon with glass of wine in the dining room. **Price £42.50 per person.**



Friday, 17th February 2023
SNOW DROP TOUR

Friday, 24th March 2023
DAFFODILS IN BLOOM

Friday, 14th April 2023
BULBS AND EARLY FLOWERING TREES

Friday, 12th May 2023
VARIETY IN FLOWERING SHRUBS



Book via www.bodysgallen.com

RELAXING AT BODYSGALLEN SPA

January - BIOSLIMMING WRAPS

A slimming body wrap that enhances weight loss and firms the skin, while eliminating toxins, reducing stretch marks and stimulating the lymphatic system.

One Treatment £80; Two Treatments £150.

February - VALENTINE COUPLE'S ULTIMATE AROMATHERAPY EXPERIENCE

Enjoy the Aromatherapy Associates' Ultimate 50-minute Experience for two, that will leave you feeling deeply relaxed and recharged. Afterwards relax with a glass of fizz. **£130 per couple.**

March - MOTHER'S DAY TRANQUILITY CRYO BACK & FACE TREATMENT

A luxurious back treatment is followed by a non-surgical cryotherapy cold massage facial treatment to stimulate collagen, help reduce fine lines, and boost microcirculation. Afterwards relax with a glass of fizz. **Treatment £60.**



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April - AROMATHERAPY ASSOCIATES' ULTIMATE FACIAL

A bespoke facial designed to suit your individual skin needs. To restore and recondition, leaving your complexion smooth and luminous. **50-mins £55; 80-mins £85.**

May - MII POLISH FINGERS & TOES

Get those nails prepped and ready for the warmer months ahead with a Mii file and polish on the fingers and toes. **File & Polish £48; Gel polish £70.**

June - FATHER'S DAY MONTH

A tailor-made back massage to ease tension and stress followed by a relaxing Scalp massage. Afterwards relax with a cool beer on our terrace. **Treatment £60.**



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