

BODYSGALLEN SPA

Current treatments available

Full Body Massage 50mins £67

A traditional Swedish body massage helps to ease tension, relieve stress and alleviate muscular aches and pains.

Back, Neck & Shoulder £38

This Swedish massage is tailored to your needs to ease the stresses and tension of everyday life.

The Ultimate Aromatherapy Experience Treatment 50mins £67

This treatment releases tension held in every part of your body leaving you feeling deeply relaxed and recharged. This hero treatment starts with a consultation to find out what your physical and emotional needs are.

Aching Foot Relaxer Treatment 25mins £38

Aches are eased and feet feel light.

Rose Pregnancy Massage- 16 weeks plus £67

Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of life behind you. 16 Weeks plus.

Intensive Muscle Release £67

An intensive massage that works deep into stiff, tight aching muscles to instantly release pain and tension.

Uplift Your Mood £67

For times when you need a little emotional pampering, this indulgent treatment helps to harmonise and rejuvenate the spirits.

Jessica Manicure Treatment 50mins £38

Hands are exfoliated and encased in warm mittens before nails and cuticles are tidied and finished with Jessica Phenom long lasting nail polish.

Jessica Pedicure Treatment 50mins £49

Includes foot soak, exfoliation, massage, hot booties, cuticle care and finished with Jessica Phenom long lasting nail polish.

Geleration Gel Manicure Treatment 55mins £49

Includes hand exfoliation, massage, cuticle care, nail shape and finished with Jessica GELeration gel polish.

Geleration Gel Pedicure Treatment 55mins £55

Includes foot exfoliation, massage, cuticle care, nail shape and finished with Jessica GELeration Gel Polish.

Nail Shape & Polish Treatment 25mins £28

Nails are shaped and finished with Jessica Phenom long lasting nail polish.

Geleration Gel Nail Shape & Polish Treatment 30mins £38

Nails are filed, shaped and finished with Jessica GELeration gel polish.