



BODYSGALLEN SPA

REOPENING 17TH AUGUST

Covid-19 Measures for the Safe Return of Spa Guests

We have taken the best advice to ensure everything is in place for your visit that will be as safe as it will be comfortable and enjoyable.

The measures apply to all guests and everybody working at the hotel.



SPA MEMBERS AND GUESTS

- Spa members may use the Spa at any time by appointment, and member exclusively by appointment from 7.30am to 9.30am and from 6.00pm onwards, and Hotel guests between 10am to 5.30pm, in each case on a one in one out basis and by appointment for a visit of 1-hour duration.
- We are unable to accommodate a visit without a confirmed appointment, including members.
- Please complete and return a health questionnaire the day before your visit, and if there are changes in your circumstances or travel.
- There will be a necessary temperature check upon your arrival and on each subsequent visit.
- No handshakes!
- Hand sanitiser is available for guests' use at strategic points.
- Please respect social distancing and any one-way systems in the Spa.
- Please return locker keys to the key box at Spa Reception.
- Special cleaning and sanitisation of public areas and touch surfaces will take place.
- Your account will be presented electronically and we are unable to accept cash.
- We recommend that you bring your own bottle of water.



In 2008 Bodysgallen Hall, Hartwell House and Middlethorpe Hall were given to the NATIONAL TRUST to ensure their long-term protection

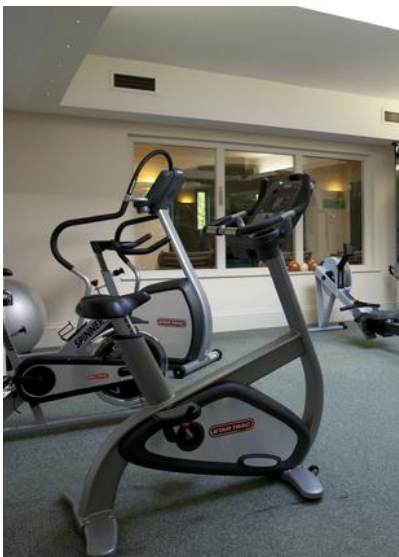


SPA SERVICES, CHANGING ROOMS AND TREATMENTS

- The Sauna and Steam Room remain closed until further notice.
- The Spa bath will be in operation. However, we are only able to allow one person in the spa bath at one time, or two people from the same household, with 15-minute sessions.
- Hairdryers are not available for the time being.
- We request that you come changed to use the Spa and only use the changing rooms, their showers, and facilities if necessary. Changing rooms are available for Spa members only. Hotel guests are requested to change in their hotel bedrooms. Day guests are requested to change in the treatment room.
- Please respect social distancing at the Spa Reception, in the changing rooms, poolside and on the sun terrace.
- Hot and cold beverages will be served in the Spa Club Room, but no food will be available until further notice.
- Treatments will be made available once Welsh government allows.



GUEST HEALTH



- We repeat that the health and safety of all our guests is our main concern.
- We require the health questionnaire on your first day back in advance of arrival/treatment.
- Please do not visit the spa/hotel even if you have a booking, if you feel in any way unwell.
- If taken ill at the spa, spa guests should depart, hotel guests must return to their room, self-isolate and contact hotel management. If necessary to return home, any balance of your reservation will be refunded.
- Please wash hands and sanitise regularly. Hand-washing by guest and therapist will be a part of any reserved treatment.

OUR STAFF, CONTRACTORS AND SUPPLIERS

are committed to guest safety, and:

- Will not attend if not well
- Will wash hands frequently
- Will sanitise hands frequently
- Will use PPE as directed. Therapist will wear visors in all treatments.
- Will practise social distancing
- Will attend site only when expected in advance
- Will complete a questionnaire pre-arrival on request, and undertake any health check requested.
- Suppliers will not enter building unless agreed
- Suppliers will not use lavatories on premises

