

BODYSGALLEN HALL



CONTINENTAL BREAKFAST - £14.00

*Chilled Juices
to include Orange, Grapefruit, Apple*

*Fresh Fruit Salad
Stewed prunes
Poached pears
Plain Yoghurt with berry compot*

*Choice of Cereals
Cornflakes, Muesli, Weetabix, Rice Krispies
Bran Flakes and Special K (G,L)*

*Porridge
With cream and brown sugar (G,L)*

*Selection of Pastries
to include Croissants, and pain au Chocolate
Toast and Preserves (G,L)*

*A discretionary 12.5% service charge
will be added to all restaurant and bar invoices*

ALLERGENS AND SPECIAL DIETS

If a guest has a food allergy or intolerance, we request that they consult a member of staff before deciding what to eat and placing an order, on every occasion, whilst in the hotel. Whilst we are committed to informing our guests accurately of any allergenic contents in the dishes served here, and also to complying with specific dietary requests, there remains a risk, albeit small, that traces from other dishes may be present in food served here, or on surfaces.



TRADITIONAL BREAKFAST

**£9.50.00 supplement
includes Value Added Tax**

***Dry Cured Bacon, Sausage, Tomato
Sauteed Mushrooms, Black Pudding and Fried Bread (G,L)***

***Choice of Eggs
Fried, Poached, Scrambled or Boiled (E)***

***Speciality Dishes
Fillet of Poached Finnan Haddock
with a Poached Egg (F)***

Grilled Kippers (F)

***Slices of Homecooked Ham
with Caerphilly Cheese (D)***

***Your choice from our Selection of
Cafetiere coffee, Cappuccino, Espresso, Teas or Hot Chocolate***

*A discretionary 12.5% service charge
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Allergen key

<i>(G) Contains gluten</i>	<i>(MU) Contains mustard</i>	<i>(M) Contains molluscs</i>
<i>(CE) Contains celery</i>	<i>(C) Contains crustaceans</i>	<i>(F) Contains fish</i>
<i>(SD) Contains sulphites</i>	<i>(L) Lupin</i>	<i>(N) Contains nuts</i>
<i>(E) Contains eggs</i>	<i>(S) Contains soya</i>	<i>(P) Contains peanut</i>
<i>(D) Contains Dairy</i>		<i>(SE) Contains sesame</i>

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