

# The Spa at Bodysgallen Hall



## AN INTRODUCTION TO THE BODYSGALLEN SPA

Membership of the Spa offers full use of the fitness, health, beauty and recreation facilities, which is one of the finest in North Wales. It also offers other benefits and social events associated with beautiful and historic Bodysgallen Hall.

For the enjoyment of an exclusive membership the tactful conversion of the old buildings at Bodysgallen Farm provide a generously proportioned and attractive Spa. **Bodysgallen Spa** was nominated 'One of the Top 10 UK Hotel Spas', by **The Sunday Times**. It includes the following features:

- 50' Swimming Pool, State of the art Gymnasium, with Power Plate!**
- Whirlpool Spa Bath Steam Room**
- Sauna Relaxation Room**
- 6 Beauty and general treatment rooms**
- A Club room for drinks and light meals**
- Dedicated Parking**
- Sun terraces with fine views**

The style and approach of the Spa centres on fitness, health and beauty in a calm, relaxed and uncrowded atmosphere. Children are admitted on a limited basis during clearly defined hours (see Membership Conditions). Trained staff, using the latest and best equipment are always available.

## EXCLUSIVE BENEFITS OF ANNUAL MEMBERSHIP - WORTH £700.00

### Club membership incorporates many benefits;

- \*One-night complimentary Bed and breakfast stay in a double bedded room at **BODYSGALLEN HALL** per full Membership or full joint membership. Value to **£225.00**.
- \*One-night FREE Bed and Breakfast during a stay of two nights or more at **MIDDLETHORPE HALL & SPA** or **HARTWELL HOUSE & SPA**. (Sunday to Thursday). Value to **£355.00**, providing dinner is taken in the restaurant on one night at the guests expense.
- \* 4 guests passes per person per annum. Value to **£88.00**
- \*One **£32.00** voucher towards treatments of your choice at **BODYSGALLEN SPA**.

## AS A MEMBER YOU CAN ENJOY.....

- \*Full use of the Spa - 50ft swimming pool, sauna, steam room, spa pool, gymnasium and Club Room.
  - \***15%** saving on all food and beverages in the Spa Club Room;
  - \***15%** saving on all beauty treatments.
  - \***10%** discount on all spa products
  - \***FREE** Aqua Fit sessions;
  - \*The service of our qualified **Personal Fitness Instructor**;
  - \***15%** saving in the **BODYSGALLEN HALL** Restaurant on afternoon tea and dinner;
  - \*Notification and preferential booking for events at **BODYSGALLEN HALL** including **Wine Tastings, Gourmet Dinners, Luncheons, Concerts** etc.
- All benefits are subject to availability and may change in subsequent years. Terms and Conditions apply.*