



# THE SPA AT BODYSGALLEN HOTEL

## An Introduction to Bodysgallen Spa

Membership grants full access to the finest fitness, health, beauty and recreation facilities in North Wales. Members also enjoy benefits and social events associated with historic Bodysgallen Hall.

Housed within the imaginatively restored buildings of former Bodysgallen Farm, providing a generously proportioned and attractive Spa. Recognised by The Sunday Times as one of the Top 10 UK Spas.

Bodysgallen Spa centres on fitness, health and beauty in a calm, relaxed and uncrowded atmosphere. Children are admitted on a limited basis during clearly defined hours (see member conditions). The expert team ensure each visit is both rewarding and relaxing.

### SPA FACILITIES

50ft Indoor Swimming Pool,  
Gymnasium, with Power Plate  
Whirlpool Spa Both - Steam Room - Sauna  
Six Beauty & Treatment Rooms  
Club Room serving drinks and light meals  
Dedicated parking  
Sun Terrace with garden views



## Members Enjoy

Full use of the Spa facilities

15% saving on all food and beverages  
in the Spa Club Room

15% saving on all beauty treatments

10% discount on all Spa products

FREE Aqua fit sessions

15% saving in the Bodysgallen Hall Restaurant  
on Afternoon Tea, Sunday Lunch and Dinner

Notifications and preferential booking for events  
at Bodysgallen Hall

Including wine tastings, themed dinners,  
luncheons, talks and concerts etc.

Honorary membership to both Middlethorpe  
Hall and Hartwell House Spas

## Exclusive Member Benefits worth up to £1,061.00

One-night complimentary Bed and Breakfast stay  
in a double room at Bodysgallen Hall, per Full  
Membership or Full Joint Membership. Value £290

One-night FREE Bed and Breakfast during a stay of  
two nights or more at Middlethorpe Hall & Spa  
or Hartwell House & Spa (Sunday to Thursday).  
Value £455, providing dinner is taken in the  
restaurant on one night at the guest's expense.

Four guest Spa passes

per person per annum. Value to £112

One £46 voucher towards a spa treatment  
of your choice at Bodysgallen Spa.

Tel: 01492 562500 Email: [spa@bodysgallen.com](mailto:spa@bodysgallen.com)

*All benefits are subject to availability and may change in subsequent years. Terms and Conditions apply.*