

PLAS A SBA BODYSGALLEN

BODYSGALLEN HALL & SPA

GWYBODAETH I YMWELWYR | INFORMATION FOR GUESTS

Dining Room

Breakfast Monday to Friday from 7.45 am - 10.00 am
Saturday and Sunday / Bank Holidays 8:00 am - 10:00 am

Luncheon is available on a Saturday and Sunday from 12:30 pm with last orders at 1:45 pm

Dinner, Sunday to Thursday from 6:30pm - 8:30pm
Friday & Saturday from 6:30pm - 9:00pm

The restaurant in the Hall is open for dinner every day. The principal Bill of Fare offers our classic four or five choices for each course Wednesday to Sunday, with a simpler choice offered on a Monday and Tuesday.

Dress Code for Dinner

Smart please, although jacket is not obligatory:
trainers, tracksuits and shorts are not acceptable.

Early Morning Calls

Please order from the Hall Porter or Reception.

Newspapers

May be ordered from the Hall Porter or Reception.

Afternoon Tea

is served in the Hall, Drawing Room, or Library
between 1.00 pm - 5.00 pm - Monday to Saturday, and
between 3:30pm - 5:00pm Sunday.

Drinks Service

Drinks are served in all public rooms and in the bedrooms

Accounts

Your final account will be available on departure. Please present your payment card at Reception prior to your departure. It may be helpful for guests wishing to settle their hotel accounts by credit card to know that we have a strong preference for payment by MasterCard, Visa or American Express.

Wi-Fi Broadband, Internet and Facsimile

Wi-Fi Broadband is available in all hotel bedrooms. There is no password necessary to connect to this service. The hotel has a facsimile for documents

Adaptors/ Electric Shavers

The voltage in the bedrooms is 220/240 volts AC.

Bathrobes

Bathrobes like those in the bathrooms are available for purchase from Reception. When using Bodysgallen Spa, guests are requested not to take towels or bathrobes from the bedrooms as full changing facilities are available at the Spa.

Booking Conditions for Hotel Reservations

We respectfully remind guests that a reservation constitutes a contract between themselves and Bodysgallen Hall. Any reservation/s cancelled within 48 hours of the arrival date (or two weeks for bookings of five rooms or more, or for overseas booking) is liable to be charged unless we are able to re-let the accommodation to another guest.

Evening Service of your Bedroom available on request
to prepare your room for the night, drawing the curtains, tidying the bathroom and so on.

Bedboards, Blankets, Duvets, Pillows, Rubber Mats

are available. Extra blankets and feather or foam pillows, and rubber bath mats are also available by dialing 0.

Departure

Please pack so luggage may be collected by 11.30 am on the day of departure. The maids may then service the room in readiness for guests expected that afternoon. The Porter will gladly help with storage or any other problem if a late departure is planned.

Dogs

Dogs are welcomed by prior arrangement in some of the Cottage Suites except in the bedrooms, two small dogs or one larger dog, and may be walked in the park and woods, but not please in the garden. Damage to rooms or injury to livestock will be charged for. We particularly ask that dogs should not be allowed onto the beds, sofas and armchairs. Only service dogs are welcomed in the Hall.

Fire Precautions

Bodysgallen Hall holds a current Fire Certificate and is equipped with smoke and heat detector equipment. All staff are regularly trained in fire precautions. Please read the Fire Notice inside your room, which is on the back of your wardrobe door in the bedrooms in the Hall

Access for All

Please advise of any access needs, so that the hotel can provide the appropriate service.

If You Are Hard of Hearing

The fire alarm systems throughout give audible warnings. Those who are deaf or hard of hearing must contact Reception so that the hotel can provide an alerting device to warn of fire.

Flowers

can be ordered from Reception or the Hall Porter and delivered locally on the same day.

Hairdryers

are provided in all rooms in the wardrobe or a drawer.

Laundry and Dry Cleaning

A 24 hour service is available Monday to Friday. Pressing - 2 hour service. Irons may not be used in bedrooms. Express service - same day service available at surcharge rate.

Mail

A mailbox is provided at the Reception desk for daily collections. Stamps and stationery are available.

Soap & Shampoo

A selection of fine soaps and shampoo are provided for your use. If you would like a set to take home, they are available for purchase at Reception.

Meetings and Private Rooms

The Wynn Room conference centre and other private rooms are available for meetings, receptions and private dining. Please contact the Manager for full details.

Night Porter and Shoe Cleaning

For assistance during the night please dial 0.

The Porter will clean shoes left outside your room.

Other services

Should guests require a Doctor, Dentist, Hairdresser, theatre tickets, postcards and maps of the area, Reception should be contacted.

Picnics

Should guests require a picnic to take on a day out, these are available, pre ordered with the Restaurant Manager or Reception the previous evening before 9.00 pm.

Parking

Free for all guests with cars left at their own risk. Electric car charging is available, please see Reception for access code and charges.

Smoking, Vaping and E-cigarettes

Bodysgallen Hall is non-smoking throughout in all rooms and bedrooms in compliance with the No Smoking Regulations. It is not permitted to smoke in these rooms, and a deep cleaning charge of £100 per day will be charged if evidence of smoking is detected in a bedroom or suite.

Golf

Can be arranged locally at a choice of courses.

Valuables and Keys

The Hotel can only accept responsibility for Valuables deposited with the Manager for safe keeping in one of the hotel's safes. Please remember to leave room keys at Reception, especially when leaving the Hotel. The bedroom doors are not all self-locking. A safe is provided in each room for guest use at their own risk.

Sightseeing Tours and Taxi Service

Chauffeur driven cars with experienced local drivers are available and may be booked at Reception.

BODYSGALLEN SPA

Is situated on the right-hand side of the entrance drive on the approach to Bodysgallen Hall, Guests resident

in the hotel are entitled to use the Spa. **Children of residents** between the age of **8 and 16** may use the Spa between the hours of **10.00am - 11.00am** and **4.00pm - 5.00pm** when accompanied by an adult of the same sex. The adult will be responsible for their good behaviour and safety at all times whilst on the premises. The gym and pool close for entry 30 minutes before the club closing time.

Opening times: 1st April to 31st October

Monday - Thursday	7.00 am - 9.00 pm
Friday	7.00 am - 8.00 pm
Saturday and Sunday (and Bank Holidays)	8.00 am - 7.30 pm

1st November to 31st March

Monday - Thursday	7.00 am - 8.30 pm
Friday	7.00 am - 8.00 pm
Saturday and Sunday (and Bank Holidays)	8.00 am - 7.30 pm

The attention of the hotel guests is drawn to the rules and conditions which are displayed in the Spa, which have all been drawn up for the safety and well-being of those using the facilities.

The Bodysgallen Spa contains a heated swimming pool 50' x 25' x 4'6" deep, whirlpool spa bath, steam room and sauna. There are changing rooms and showers for ladies and gentlemen and towels are available from the Spa reception desk. Guests are asked not to take towels or bathrobes from the bedrooms, as robes are available at the Spa reception desk. Swimsuits are available for purchase and hire.

The Spa Clubroom

Open club-hours with food service from 9.00 am - 3.00pm Monday to Sunday for morning coffee or light luncheon.

Gymnasium

The well appointed gymnasium is equipped with Cross Trainers, Treadmills, Exercise bikes, a Smyth Machine, Multi Gym, Stair Climber and Rowing Machine. There is also a selection of lighter free weights and a Power Plate. Fully air conditioned with television and water fountain.

Massage and Beauty Treatment

The Spa can provide a comprehensive range of beauty treatments and massage.

Hours of opening: 9.00 am - 6.00 pm, subject to availability.

Telephone Spa Reception on Ext 403 or 500 for appointments with notice. Special appointments can be arranged outside normal opening hours.

Complimentary robes are provided for guests having beauty treatments.

The Spa Bar

Open until 8.30 pm Monday - Thursday, 7.00 pm on Friday and until 6.30 pm Saturday, Sunday and Bank Holidays.

Booking conditions for Spa Reservations

A reservation for treatments made directly with the Spa constitutes a contract between clients and the Bodysgallen Spa. A 50% charge will be incurred for any treatment cancelled less than 24 hours prior to appointment, or if there is non-attendance at the time of the reserved treatment. If treatment reservations are made directly with the Spa, independent of bedroom reservations, cancellations should be through Spa reception